

Sorcerer Lodge Backcountry Ski Week Equipment List

Technical Equipment

Bring to page):	he following, or rent it (see 'Trip Info Links' at the bottom of the Sorcerer
	Alpine touring (or telemark*) skis and ski boots Collapsible, lightweight ski poles Climbing skins (stick-on), fitted to your skis Ski crampons (rent these with rented skis, or purchase your own for your own skis)
*Only be experied	oring telemark skis if you are an advanced telemark skier with backcountry ence.
-	do not have one or more of the following items, you can rent them from the etailers or from OnTop. Please book in advance.
	Digital, 3-antenna avalanche transceiver Lightweight snow shovel Avalanche probe (two to three meters long) Harness for glacier travel One triple-action locking carabiner or two conventional locking carabiners
Bring t	he following:
	Two small or a medium size duffel bag, or backpack, to transport your things in the helicopter Daypack for ski touring (30-45 liters) Crevasse rescue equipment, if you are familiar with it. (Prusik cords, webbing, pulleys, auto-locking device). Your guide will bring a full set. General repair kit and Leatherman (can be shared between several people) Spare parts specific to your equipment
Decemand dro	ing eratures in the Western Canadian mountain ranges vary hugely. Between ober and February, temperatures can be well below 0°C during the day op as low as –30°C overnight. Between March and May, it can be above g during the day with overnight lows not normally going below –10°C. It is several clothing layering options is important.
	Wind and waterproof shell jacket with hood (Gore-Tex or similar)

 □ Wind and waterproof over-pants (Gore-Tex or similar) □ Ski touring pants (eg. lined Schoeller fabric or similar) □ Thick fleece or wool pullover, or PrimaLoft jacket □ Medium weight fleece shirt □ Thin synthetic or wool underwear, top and bottoms □ Two or more pairs of gloves (lightweight and heavier weight) □ Scarf or neck gaiter (eg. Buff) □ Socks (synthetic or wool, thick outer and thin liners) □ Wool or fleece hat that covers your ears □ Gaiters that fit over your ski boot (unless pants seal tightly to your boots) □ Sun hat, preferably with a wide rim □ Bandana (optional) 		
Around the lodge Space and weight on the helicopter are limited. Please keep personal items to a minimum.		
 □ Clothing for the hut and for sleeping □ Extra underwear and socks □ Light down jacket or vest □ Earplugs (optional) □ Light hut slippers or Crocs □ Toiletries □ Towel and sauna-wear (optional) □ Games, books, etc. (optional) □ Moderate quantity of après-ski beverages (optional) 		
Other items		
 □ Sunglasses with high UV protection □ Ski goggles with high UV protection □ Sunscreen and lip protection with high SPF □ One-liter water bottle with insulator. Water bladders not recommended □ Thermos (optional) □ Headlamp with spare battery □ Snacks (eg. candy bars, dried fruit, nuts, etc.) □ Personal first aid kit and other needs (eg. blister kit, prescription medicine anti-inflammatory, contact lenses, prescription glasses, etc.) □ Pocket knife (optional) □ Health and travel insurance documents □ Ziploc bags to keep important items dry (optional) □ Rain cover specific to your pack, or large plastic bag □ Camera with spare batteries (optional) □ Compass, maps, GPS (optional) □ Ski wax / skin wax (optional) □ Hand sanitizer or sanitary hand wipes 	,	