



Hut-to-Hut Via Ferrata - Gear List

Considerations

Packing for a mountain trip is a balancing act. You want your pack to be as light as possible so you can truly enjoy the trek. But you also need to have enough gear to be warm (or cool), comfortable, and well-fed and watered. When buying, renting, or borrowing gear for the trip, please keep weight, performance, and function in mind.

Legend:

Early and Late Season Trips: June and September can be considered early and late season trips – depending on residual snowpack (June) or early snow/colder temps (September)

*Optional

**Optional but recommended

Technical Gear

Provided by OnTop Mountaineering:

The following equipment will be provided to you by OnTop Mountaineering for the duration of your trek. This rental is included as part of your trip package. Should you not require the use of this gear, please inform your Trip Coordinator.

- Via ferrata clip-in set
- Climbing harness
- Climbing helmet

Bring or Rent the Following:

- Sturdy, waterproof, leather trekking boots or light mountaineering boots, ideally with high ankle support.
- Daypack (30-40 liters) with rain cover specific to the pack
- Good quality, thin, well-fitting leather gloves, preferably fingerless. Bike and belay gloves work well.
- Lightweight, collapsible hiking poles*
- Microspikes or yaktrax-type traction devices that fit your boots (for early and late season trips)
- Short summer gaiters (for early and late season trips)*

Lodging

- Sleeping bag liner for the huts – silk is lightest (**MANDATORY for HUT LODGING**)
- Toiletries and small towel (quick-drying/ microfiber)
- Cash – euros for lunches, drinks, snacks, showers, etc.
- Light hut slippers or crocs
- Ear plugs**
- Alpine Club card*

This gear list is intended for use with our Brenta, Cortina, Rosengarten, and Palaronda via ferrata hut treks and the Stubai High Route Trek. This list may also be used for custom trip itineraries at the discretion of your trip coordinator. Gear lists are reviewed annually. If you review this gear list before receiving your via ferrata trip letter, please re-check the gear list for any updates.

Clothing

We recommend using the 'layering system': Bring light, technical clothing that doesn't take much space in your backpack and dries quickly when sweaty or wet. Layers must be put on and taken off quickly as weather conditions change during the day. There may be days when you can wear cotton, but your main clothing choices should be synthetic or wool. Merino wool is a nice material for base layers and t-shirts because it is comfortable, warm, and it does not retain odours, even after many days of use.

- Wind and waterproof shell jacket with hood (Gore-Tex or similar)
 - Lightweight wind and water-resistant over pants (Gore-Tex or similar)
 - Lightweight synthetic trekking pants or zip-offs
 - Medium weight Primaloft jacket with hood
 - Medium weight fleece sweater
 - Synthetic or wool base layers – top and bottom
 - Synthetic shorts and t-shirt
 - Quick-drying sports bra
 - 2-3 pairs of good quality trekking socks
 - Warm hat that covers your ears
 - Lightweight synthetic or wool gloves
 - Sun hat, preferably with a wide rim
 - Spare socks and underwear
 - Bandana or Buff*
-

Other items

- Sunglasses with high UV protection
- Sunscreen and lip protection with high SPF
- Small container bug spray or cream
- One or two, one-litre water bottles
- Headlamp with new battery
- Personal first aid kit and other needs (eg. blister kit, prescription medicine, anti-inflammatory, contact lenses, prescription glasses, feminine hygiene, toilet paper, hand sanitizer etc.)
- Passport, health and travel insurance documents
- Light stuff sacs or Ziploc bags to keep your backpack organized and important items dry**
- Hiking snacks - candy bars, dried fruit, nuts, etc.**
- Cellphone with charging cable*
- Adaptor for European charging system*
- Portable powerbank*
- Pocket knife*
- Camera, spare batteries*
- Maps, GPS, altimeter watch*